



Preteen Bootcamp

A Workshop for Parents of Preteens

Preteen years can be challenging at best. Bodies begin to change, peer and media pressures are around every corner, and the simplicity of childhood begins to get, well, complicated. As a parent, it can seem like a very daunting time.

Using straight talk in an open, casual environment, we'll discuss topics such as reproduction and anatomy, healthy relationships, body image, emotions, sexually transmitted diseases, safety, and smart sexual decision-making. Informative, objective, provocative, and full of laughs, this session will allow parents the confidence to be a well of healthy sexual knowledge.

Live questions will be accepted throughout, and further anonymous questions will be collected to answer at the end.

Where:

When:

Smart decisions start here.

t 604.418.9417

e saleema@saleemanoon.com

w www.saleemanoon.com

