



## Sex talk. No sweat.

A Workshop for Parents

Not all parents are comfortable talking to their children about sex, but all parents can *learn to be comfortable*. During this open and informational session, parents will come to terms with sexual health, and understand how it fits into the lives of their children at this stage of life.

Attendees will discover how to easily overcome embarrassment when talking about sexual health, learn words and concepts that are easy to use, and leave well equipped to clearly answer the questions children ask. The workshop is light hearted, but delivers straight and current facts on how parents and children can work together to promote good sexual decisions for a lifetime.

Where:

When:

*Smart decisions start here.*

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