

Preschool Program

BIRDS AND BEES BASICS FOR PARENTS OUTLINE AND COST

A 90 minute workshop for parents of Preschoolers and those who work with children.

- ☑ Reasons why we need to talk to children about sexual health at a young age
- ☑ Five stages of sexual development children progress through on their way to becoming sexually mature adults
- ☑ What children should know at each stage, with specific examples of ways to explain body parts and processes
- ☑ How to provide information to children in a way they will understand and remember (and minimize embarrassment for the parent!)
- ☑ How to effectively answer the questions children ask
- ☑ How to prevent and recognize child sexual abuse

Time for open discussion and questions will be included in each session, and a display of books and other resources that may be useful will be available.

COST: \$350 + gst Travel fee may apply

BIRDS AND BEES BASICS CHILDREN'S MINI-SESSION

- ☑ Scientific words related to sexual health
- ☑ That reproduction usually happens when a man's sperm joins a woman's ovum by sexual intercourse;
- ☑ That the baby grows in the uterus
- ☑ That the baby is usually born through the vagina
- ☑ Not to pick up condoms or needles
- ☑ That they have ownership of their bodies

Time for open discussion and questions will be included in each session, and a display of books and other resources that may be useful will be available.

COST: \$150 + gst Travel fee may apply

Smart decisions start here.

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