



## Saleema Noon, B.A., M.A.

Young enough to relate to children and teens, but experienced enough to understand the issues faced by parents, educators, health care professionals, Saleema Noon earned her Bachelor of Arts degree in Family Sciences at UBC. She then researched the quality of sexual health education in B.C. high schools, earning her a Master of Arts degree in sexual health education in 1997, also from UBC. Since then, Saleema has been teaching not only in the field of sexual health, but also in the areas of empowerment, assertiveness training, internet safety, healthy relationships, body image and self-esteem. Step-mom to two teenaged girls, she is the creator of the popular *iGirl and iGuy Empowerment Workshops* for 9-12 year olds.

Respected by the media as a sexual health expert, Saleema has appeared as a regular guest on CTV News, Global News, CBC News, CBC Radio, CKNW Radio, Shaw TV, CityTV *Breakfast Television*, CTV *Morning Live*, *The Kid Carson Show* on KiSS Radio, and also appeared in CBC's *Passionate Eye* documentary *Secrets* and CBC Doc Zone documentary *Sext Up Kids*. Saleema has been featured in *Canadian Living*, *Chatelaine* and *Today's Parent* magazines along with several other national publications, and is the recipient of the Options For Sexual Health's Educator of the Year Award. In 2011, Saleema also received the YWCA Vancouver's Women of Distinction Connecting the Community Award and is a member of the Order of British Columbia. Her book for parents, *Talk Sex Today*, was released in September 2016.

*Smart decisions start here.*

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