



Claire Connors, BSc Hon

Claire received her Bachelor of Science Honors from Queen's University majoring in Life Sciences with a focus on Social Determinants of Health. During her degree Claire was deeply involved in the Queen's community by writing, directing, and performing a series of productions aimed at opening up the conversation about physical and mental health obstacles faced by university students in collaboration with the Student Experience Office. Her interest in mental health led her to work as a family support worker, meeting with parents and youth to help them reconnect, develop childrearing skills, and live as happy, healthy families. After a move to Vancouver, Claire's volunteer work at the UBC Sexual Assault Support Centre inspired her to become an OPT certified sexual health educator. In this role she aims to provide inclusive, sex positive information to parents and students in an accessible manner. Her commitment to youth and whole body health extends beyond the classroom to her part time work as a climbing instructor at The Hive Bouldering Gym. And when not working or climbing you can probably find her at a home devouring science fiction novels!

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