

Elementary Program

OPTION C: EVENING SESSION FOR PARENTS, AND AFTERSCHOOL OR EVENING SESSION FOR STUDENTS

PART I: PARENT'S SESSION (90 minutes, 6:30pm-8:00pm)

- ☑ Reasons why we need to talk to children about sexual health at a young age
- ☑ 5 stages of sexual development children progress through on their way to becoming sexually mature adults
- ☑ What children should know at each stage, with specific examples of ways to explain body parts and processes
- ☑ How to provide information to children in a way they will understand and remember (and minimize embarrassment for the parent!)
- ☑ How to effectively answer the questions children ask
- ☑ How to reduce risk of child sexual abuse
- ☑ What will be covered in Body Science sessions for students

Time for open discussion and questions will be included, and we will bring a display of books and other resources. Parent session can also be held in the morning, just after student drop-off.

PART II: CHILDREN'S SESSIONS

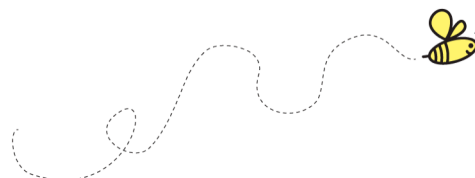
Primaries (45 minutes)

Children will learn:

- ☑ Scientific words related to sexual health
- ☑ That reproduction happens when a sperm joins an egg, usually (but not always) through sexual intercourse. There are many different ways that families are formed, all families are unique.
- ☑ That they have ownership of their bodies
- ☑ That the baby grows in the uterus (not the stomach)
- ☑ That the baby is usually born through the vagina
- ☑ Not to pick up condoms or needles
- ☑ The basics about menstruation and nocturnal emissions (wet dreams) as clean and healthy processes

Smart decisions start here.

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Intermediates (60 minutes)

Children will learn everything the primaries learn, plus:

- ☑ All about body changes at puberty
- ☑ Basic information about sexually transmitted infections (STIs)
- ☑ Introduction to the responsibilities of being in a sexual relationship

These sessions can be held afterschool (3:00pm-3:40pm for primaries, 3:45pm-4:45pm for intermediates) or in an evening (6:30pm-7:15pm for primaries, 7:30pm-8:30pm for intermediates). Parent attendance required.

COST: \$800 + gst (\$350 plus gst for parent session, \$450 plus gst for afternoon/evening sessions with students).