



Bring iKid to your School!

iKid is a playful, engaging and interactive empowerment workshop that teaches 5-8 year old kids the practical skills to create a respectful, kind and playful school environment. In a style that resonates with the younger crowd, creator and facilitator Ashley McIntosh takes the role of the fun older sibling, giving kids the information and skills needed not only to feel great about themselves but to rock their friendships for years to come.

Who: Students in grades K-3.

When: Workshops available during school hours.

How Many: Minimum 15 participants, maximum 30 participants.

What we need: Multipurpose Room, Library or Classroom and chairs for participants.

Cost: \$250 plus gst per 75 minute workshop.
\$350 plus gst for two 75 minute workshops (half day).
\$500 plus gst for three 75 minute workshops (full day).
Travel fee may apply.

For more information or to book a workshop, contact Cath Blythe, Bookings Manager, by phone at (778) 855-3009 or by email at cath@saleemanoon.com.

outline

i am my true self

No one wants to be trapped by gender stereotypes. Break free of the rules and be the real you!

i celebrate that we're all unique

We are all made up of many colours – the dark and the bright. Appreciating what each one of us has to give to the world creates the most beautiful rainbow.

i get and give kindness, love and respect

Being kind to others creates an environment of love and respect. When we give, we get back...and everyone wins!

i can cope with friendship changes

Being left out stinks! Know that you're not alone and learn to speak from your heart.

Smart decisions start here.

t 604.418.9417
e saleema@saleemanoon.com
w www.saleemanoon.com

