



Sarah Watt, BA, MPH

After completing her Bachelor of Arts in Sociology at UBC and working with survivors of physical and sexual violence for several years, Sarah was keen to dive into work supporting sexual health, well-being, and empowerment. In 2017 she completed the Sexual Health Educator Certification through Options for Sexual Health, where she also provides sexual health information and resources as a long-time volunteer. More recently, Sarah completed a Master of Public Health at SFU focusing on population health and health equity. As an educator on the team, Sarah's warm and lighthearted approach helps to cultivate comfort and curiosity in students. When she's not in the classroom, Sarah is either working in sexual health research or she's glued to a good book (tearjerkers are her favourite!).

Smart decisions start here.

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