



Anna Soole

iMatter Program Manager, iGirl Facilitator

Anna was forever changed as a young person when an experience taught her about the ways that girls are socialized to give their power away through their body language, tone of voice and sense of self-worth. At that moment she felt compelled to learn all that she could in order to share the assertiveness, media literacy, and empowerment skills she had learned.

Today, with over two decades of professional experience working locally and internationally, she is a seasoned facilitator, certified assertiveness coach, and experiential educator, specializing in empowerment, sexuality, social justice, relationships, emotional literacy, body image, and self-esteem.

Anna is Red River Métis, and her cultural identity and teachings lay the foundation for her path as an Indigenous educator, consultant, coach, artist, and mentor. Anna loves supporting groups and individuals to develop their communication skills, transform their group dynamics, and to understand the role of power (in its many forms) in their relationships, communities and in the world at large. Her favorite thing to do in the entire world is facilitation that incorporates her love for theatre, art, music, nature, talking circles and people. Could we find a better match for iGirl and iMatter?!

Smart decisions start here.

t 604.418.9417
e saleema@saleemanoon.com
w www.saleemanoon.com

