



Saleema Noon, B.A., M.A.

Young enough to relate to children and teens, but experienced enough to understand the issues faced by parents, educators, health care professionals, Saleema Noon earned her Bachelor of Arts degree in Family Sciences at UBC. She then researched the quality of sexual health education in B.C. high schools, earning her a Master of Arts degree in sexual health education in 1997, also from UBC. Shortly after graduating, legendary sexual health educator Meg Hickling asked Saleema to train with her as she looked toward retirement. Since then, Saleema has been teaching not only in the field of sexual health, but also in the areas of empowerment, assertiveness training, internet safety, healthy relationships, body image and consent. With a growing team of qualified and skilled educators, Saleema has loved providing comprehensive sexual health education to parents, children and teens across BC for over 20 years.

Respected by the media as a sexual health expert, Saleema has appeared as a regular guest on CTV News, Global News, CBC News, CBC Radio, CKNW Radio, Shaw TV, CityTV Breakfast Television, CTV Morning Live, and also appeared in CBC's Passionate Eye documentary Secrets and CBC Doc Zone documentary Sext Up Kids. Saleema has been featured in Canadian Living, Chatelaine and Today's Parent magazines along with several other national publications, and is the recipient of the Options for Sexual Health's Educator of the Year Award. In 2011, Saleema also received the YWCA Vancouver's Women of Distinction Connecting the Community Award and in 2016 was appointed to the Order of British Columbia. Her book for parents, Talk Sex Today, was released in September 2016.

Smart decisions start here.

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